

FM Broadcast

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English Edition

Prenatal Checkups and Birth Registration

Kia Ora and welcome to Info Mie, brought to you by the Mie Prefectural Government. I'm Lisa Ormsby from the Mie International Affairs Office and today I have some useful information on prenatal check ups and birth registration for new or expecting parents.

First of all, let me begin with information regarding prenatal check ups. Prenatal check ups are regular scheduled medical check ups that are carried out at a birth centre or at an obstetrics and gynecology Centre. If you are pregnant, it is important to continue regular checkups throughout your pregnancy to monitor the process of your child's development and to assure a healthy and safe delivery. As soon as you discover that you are pregnant, we recommend that you visit a doctor and then notify your city Office or town hall. Upon notification, you'll receive a maternal and child health handbook, and a set of coupons. These coupons make you eligible to receive financial aid for prenatal check ups. As long as you bring the handbook and coupons along to check ups, you can receive aid for up to 14 visits at medical facilities within Mie. In addition, from April the 1st this year, expecting mothers may also receive financial aid for a Chlamydia test as a part of their prenatal check ups. For more information, please enquire at your city Office or town Hall.

After your child is born, there are many procedures that must be completed. Firstly, make sure you receive your child's birth certificate from the hospital, where your child was born. This birth certificate must be handed in to your city office or town hall within 14 days after birth, in order to receive a birth registration certificate. Secondly, you must present this birth registration certificate to your districts immigration centre to register your child's residence status. This must be done within 30 days after birth. We recommend that during this time you also apply for an alien registration card for your child, which is required within 60 days after birth. Last but not least, don't forget to complete any necessary procedures required by your home country. For more information on those procedures please consult your embassy or consulate.

Now for my final announcement, over the past 4 years, we here at Info Mie, have provided foreign residents with information on living in Mie. Sadly, this broadcast is our final broadcast and we would like to thank all of our listeners for your continued support. This and previous broadcasts are available on our website, so please feel free to listen to them at anytime.

That's it from INFO MIE today, thank you very much for listening and if you have any enquires, comments or request please contact the Mie International Exchange Foundation on 059—223—5006 that's 059—223-5006 or send them an email on mief@mief.or.jp thanks for tuning in.