

There are wooden benches and an emergency

★ Kumano Kodo Center 🚹 🚻 🛲 🛜

beautiful grain. It exhibits objects and documents related to the history, nature and culture of the Kumano Kodo and its surroundings. Please visit

Post office

🔭 Yume Kodo Owase 夢古道おわせ

熊野古道センター

it on your trip to the Kumano Kodo

shelter on the top of the pass. Please take a break

shrine with long branches

Owase Tourism and

Owase Junior High School

Automobile dealer

To Kumano City and

Owase-Minami IC

? ⊿û

Owase High School

⇔ Cafe

se P

20 🕏

Owase-Kita IC

尾鷲北 IC

Owase Fish Market "Ototo"

おわせお魚いちば おとと

■ "! | †| #

Owase Station

AEON Owase Branch

Magose-toge Pass and Mt.Tengurasan starts here.

Walking route

Railroad (JR)

1 Must-see site

Scenic site

Parking lot

Souvenir shop

Bathing facility

Restroom (toilet)

Wi-Fi spot

Kumano-Kodo-Center-Mae

(Kumano Kodo Center) Bus Stop

Convenience store

Tourist information

Osoneura Station

大曽根浦駅_

Approx. 15 minutes on foo

from here to Kumano Kodo

Center

Restaurant

¥ Bank

Bus stop

01 Signpost

General road

Symbols and Legends

Kumano Kodo (Area registered on the UNESCO World Heritage List)

Expressway and automobile road

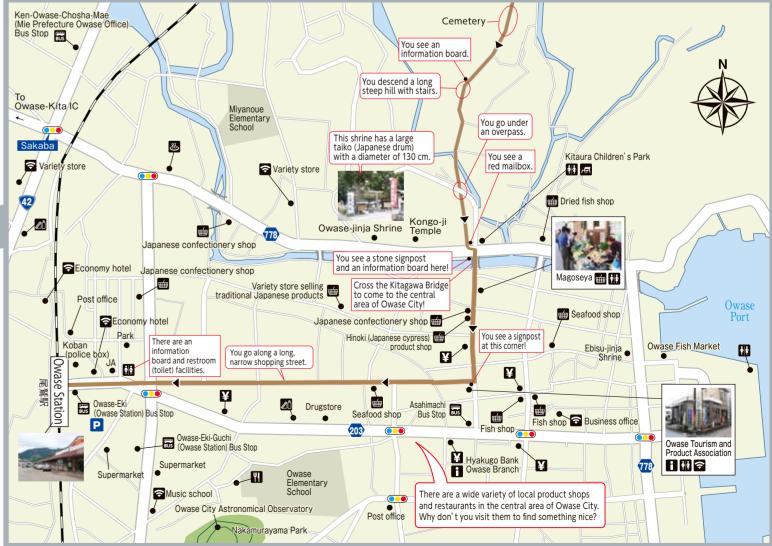
Recommended tourist site around

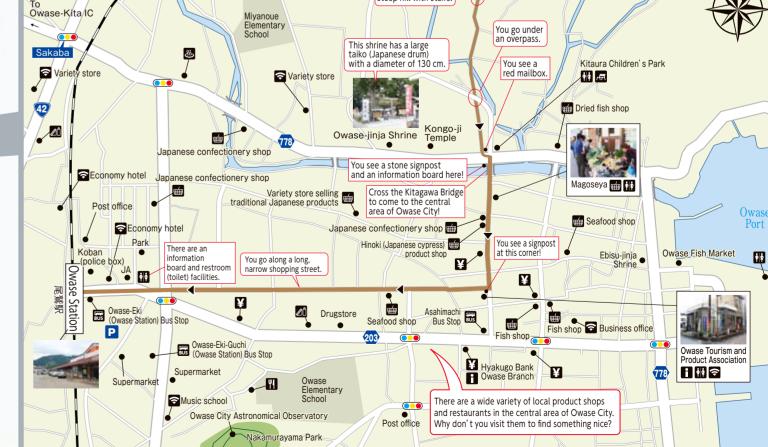


"Kumano Kodo Iseji Route" as the Path of Prayer

to Connect the Two Major Sacred Sites

Kumano Sanzan consists of three grand shrines of Kumano, namely "Kumano Hongu-taisha Shrine," "Kumano Hayatama-taisha Shrine" and "Kumano Nachi-taisha Shrine," and the "Kumano Kodo Iseji Route" is the "path of prayer" to connect those shrines and Ise-jingu Shrine that is a very special sacred site for Japanese people through a lot of steep mountain passes. As the old proverb "Seven times to Ise, three times to Kumano" says, people in the past generally had a strong desire to visit them in their lifetime. Today, you can still enjoy the traditional landscapes and feel the rich history and culture of each area along the "Kumano Kodo Iseji Route."





To Kuki Station

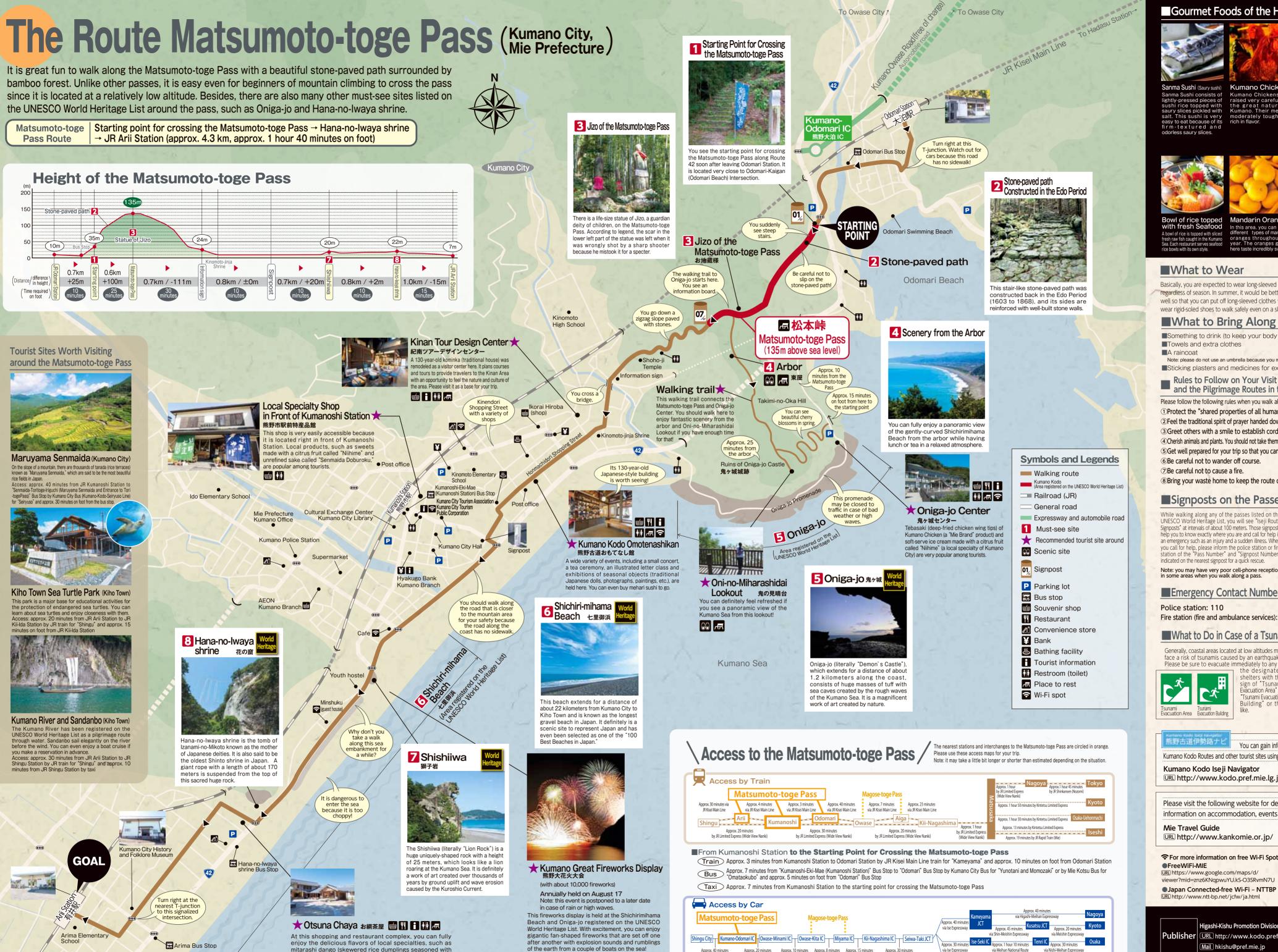


URL http://www.ntt-bp.net/jcfw/ja.html









sweet soy sauce), rice cakes called "Otsunamochi," udon noodles, rice balls and mehari sushi. They are all made

from the ancient rice called "Izanami Rice."

✓ To Koshiyama Station ✓ To Mihama Town

■Gourmet Foods of the Higashi-Kishu Area











Bowl of rice topped Mandarin Oranges

with fresh Seafood
A bowl of rice is topped with sliced

A bowl of rice is topped with sliced

A bowl of rice is topped with sliced

different types of mandarin

■What to Wear

Basically, you are expected to wear long-sleeved clothes, pants (trousers) and a hat regardless of season. In summer, it would be better to wear a short-sleeved shirt as well so that you can put off long-sleeved clothes when it is warm. Please be sure to wear rigid-soled shoes to walk safely even on a slippery stone-paved path.

■What to Bring Along

- Something to drink (to keep your body well hydrated) and eat Towels and extra clothes
- Note: please do not use an umbrella because you may walk through a very narrow path ■Sticking plasters and medicines for external and internal use
- Rules to Follow on Your Visit to the Sacred Sites

and the Pilgrimage Routes in the Kii Mountain Range Please follow the following rules when you walk along the Kumano Kodo Iseji Route.

①Protect the "shared properties of all humankind." ②Feel the traditional spirit of prayer handed down from generation to generation.

3 Greet others with a smile to establish cordial relationships with them.

4 Cherish animals and plants. You should not take them home or bring them along from home. 5 Get well prepared for your trip so that you can fully enjoy walking as scheduled.

6Be careful not to wander off course. Be careful not to cause a fire.

®Bring your waste home to keep the route clean.

Signposts on the Passes

While walking along any of the passes listed on the Signposts" at intervals of about 100 meters. Those signposts help you to know exactly where you are and call for help in an emergency such as an injury and a sudden illness. When you call for help, please inform the police station or fire station of the "Pass Number" and "Signpost Number"

indicated on the nearest signpost for a quick rescue. Note: you may have very poor cell-phone reception in some areas when you walk along a pass.



Police station: 110

Fire station (fire and ambulance services): 119

What to Do in Case of a Tsunami

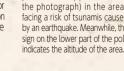
Generally, coastal areas located at low altitudes may face a risk of tsunamis caused by an earthquake. Please be sure to evacuate immediately to any of







You will see the sign on the uppe



O 1_{/26} ← Signpost Number



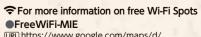
Kumano Kodo Routes and other tourist sites using Google Maps.

URL http://www.kodo.pref.mie.lg.jp/navi/index.html

Please visit the following website for detailed

information on accommodation, events and so on!

URL http://www.kankomie.or.jp/



FreeWiFi-MIE URL https://www.google.com/maps/d/ viewer?mid=znz6KNqpwuYU.kS-O3SRvmN7U







Higashi-Kishu Promotion Division, Mie Prefecture Publisher | URL http://www.kodo.pref.mie.lg.jp/ Mail hkishu@pref.mie.jp