

To COVID-19 patients who will recover at a hotel (Designated Non-Medical Facility)

*Designated Non-Medical Facility: These are designated hotels for people who have been diagnosed with COVID-19 and have fever or coughs. They are not hospitals.

Getting Started

○ You cannot leave the hotel until you meet the discharge criteria.

○ You can only go home after meeting the two discharge criteria listed below in Note 1.

No PCR testing will be conducted at the hotel.

(Note 1) • 7 days have passed after the onset of symptoms such as fever or coughing.

• 24 hours have passed after your symptoms have completely disappeared.

○ The hotel will not issue a certificate stating you are cleared to leave.

○ You must follow the rules as set out below.

< Transportation >

○ You will be picked up and driven to the hotel by a vehicle owned by the Mie Prefectural Government.

○ While traveling to the hotel, no stops will be made on the way for shopping or washroom breaks.

○ There is no transportation by hotel staff when you leave the hotel. When going back home, you must use public transit. You should be prepared for your transportation fee.

< Hotel Rules >

○ You are not allowed to leave your room.

○ You will take your temperature three times a day (morning, noon and evening)*.

You will need to measure your SpO₂ (the amount of oxygen in your body) at the same time*.

*You will enter your readings into the Health Center Real-time Information-sharing System (LAVITA) on your smartphone or laptop.

A nurse will call you at around 10:00 a.m. every day. You must describe your condition at that time.



Pulse oximeter (for measuring SpO₂
(the amount of oxygen in your body))

Stay calm in the event of a fire or earthquake. During an emergency, a hotel-wide announcement will be made on how to safely evacuate.

You are not allowed to use the coin-operated laundry machines.

You must wash your clothes by hand in your room.

○ Please note that there will be other people at the hotel. Please respect each other by following the rules.

You are prohibited from bringing any dangerous goods such as cigarette lighters, cigarettes, and/or alcohol.

When you check in, we may inspect the contents of your luggage.

Drinking alcohol and smoking in your room is also prohibited.

If your condition worsens, you may be taken to a hospital.

Nurses are at the hotel 24 hours a day. There will be times when a doctor is not on-site. However, a doctor will always be reachable by phone to give instructions.

○(For pregnant women) A prefectural midwife will also check your

physical condition during your stay.

You are not allowed to meet any friends or family members at the hotel.

Bento (box meals) and Japanese tea will be served three times a day. They will be left in front of your room.

Things to bring:

- Health insurance card / Medication Record Book / Clothes / Pajamas / Towels / Toothbrush

Bring anything else that you wish to have with you such as candies, instant noodles, laptop, etc. We will not distribute anything other than the items listed on the “ Items You Need to Bring With You “ handout. Do not forget to bring from home any other items you feel is needed.

○ Please bring any medicine you are currently taking.

You are required to follow the orders given by the staff.

< Online Shopping >

Please tell the staff if you plan to buy items online.

You must pay in advance. Cash-on-delivery is not allowed.

Ordering raw food such as fish, meat, vegetables, or fruits is prohibited.

Staff will not handle any problems with your online order.

Staff will inspect the contents of any delivered packages prior to handing it over. Packages will be left together with your meals.

< Hotel Fees and Charges >

○ All food and accommodation costs are covered. You will not have to pay for these costs.

However, you will be charged for the cost to repair or replace any room electronics or equipment that are damaged during your stay.

A key replacement fee will also be charged should you lose your room key.

- Calls made on the room phone to anyone but the nurse will incur charges..
- Any medical treatment costs not related to COVID-19 will be borne by you.

I acknowledge that I have read and understand the rules set out above.

I promise that I will follow the above rules while staying at the hotel.

I agree for my personal information to be released to a medical facility should I require medical attention during my stay at the hotel.

____/____/____
(MM/DD/YYYY)(月/日/年)

(Address) _____

(Name) _____

*A copy of the signed consent will be retained by the Mie Prefectural Government.

*Bills for any charges or fees incurred during your stay will be sent to the address listed above.