

(平成22年度) 年齢別 身長・体重・座高の平均値及び標準偏差

| 区分 | | 身長 | | | | 体重 | | | | 座高 | | | | |
|---------------|---------------|-----|-------|-------|-------|-------|------|-------|------|-------|-------|------|------|------|
| | | 全国 | | 三重県 | | 全国 | | 三重県 | | 全国 | | 三重県 | | |
| | | 平均値 | 標準偏差 | 平均値 | 標準偏差 | 平均値 | 標準偏差 | 平均値 | 標準偏差 | 平均値 | 標準偏差 | 平均値 | 標準偏差 | |
| 男 | 幼稚園 | 5歳 | 110.7 | 4.78 | 110.5 | 4.67 | 19.0 | 2.70 | 18.9 | 2.68 | 61.9 | 2.92 | 62.0 | 2.76 |
| | 小学校 | 6歳 | 116.7 | 4.89 | 116.5 | 5.00 | 21.4 | 3.36 | 21.4 | 3.46 | 64.9 | 2.88 | 64.8 | 2.96 |
| | | 7 | 122.5 | 5.12 | 122.3 | 5.31 | 24.0 | 4.06 | 24.0 | 4.26 | 67.6 | 2.96 | 67.7 | 8.66 |
| | | 8 | 128.2 | 5.33 | 127.9 | 5.55 | 27.2 | 5.06 | 27.0 | 5.10 | 70.3 | 3.01 | 70.1 | 3.07 |
| | | 9 | 133.5 | 5.70 | 133.3 | 5.77 | 30.5 | 6.24 | 30.3 | 6.25 | 72.7 | 3.14 | 72.5 | 3.13 |
| | | 10 | 138.8 | 6.07 | 138.6 | 6.09 | 34.1 | 7.21 | 33.9 | 7.14 | 74.9 | 3.27 | 74.8 | 3.27 |
| | | 11 | 145.0 | 7.10 | 144.6 | 7.26 | 38.4 | 8.58 | 38.2 | 8.74 | 77.6 | 3.80 | 77.5 | 3.81 |
| | 中学校 | 12歳 | 152.4 | 8.00 | 152.3 | 8.31 | 44.1 | 9.79 | 43.9 | 9.99 | 81.3 | 4.49 | 81.3 | 4.61 |
| | | 13 | 159.7 | 7.71 | 159.2 | 8.09 | 49.2 | 10.01 | 48.6 | 10.29 | 85.0 | 4.49 | 84.8 | 4.67 |
| | | 14 | 165.1 | 6.72 | 164.7 | 7.06 | 54.4 | 10.14 | 53.9 | 10.47 | 88.1 | 4.01 | 87.9 | 4.15 |
| | 高等学校 (全日制) | 15歳 | 168.2 | 5.93 | 167.5 | 6.47 | 59.5 | 10.82 | 59.0 | 11.81 | 90.3 | 3.51 | 90.0 | 3.65 |
| | | 16 | 169.9 | 5.80 | 169.4 | 6.38 | 61.5 | 10.66 | 61.1 | 11.04 | 91.3 | 3.27 | 91.4 | 3.47 |
| | | 17 | 170.7 | 5.82 | 170.3 | 6.17 | 63.1 | 10.59 | 63.1 | 11.69 | 91.9 | 3.24 | 91.9 | 3.34 |
| | 女 | 幼稚園 | 5歳 | 109.8 | 4.67 | 109.5 | 4.80 | 18.6 | 2.58 | 18.4 | 2.62 | 61.5 | 2.83 | 61.5 |
| 小学校 | | 6歳 | 115.8 | 4.87 | 115.6 | 4.95 | 21.0 | 3.22 | 20.9 | 3.28 | 64.5 | 2.83 | 64.4 | 2.88 |
| | | 7 | 121.7 | 5.16 | 121.5 | 5.29 | 23.5 | 3.88 | 23.5 | 4.06 | 67.3 | 2.95 | 67.2 | 2.98 |
| | | 8 | 127.4 | 5.51 | 127.1 | 5.65 | 26.5 | 4.73 | 26.3 | 4.73 | 70.0 | 3.08 | 69.8 | 3.10 |
| | | 9 | 133.5 | 6.16 | 133.3 | 6.20 | 30.0 | 5.79 | 29.9 | 5.80 | 72.7 | 3.39 | 72.6 | 3.37 |
| | | 10 | 140.2 | 6.84 | 139.8 | 6.86 | 34.1 | 6.96 | 33.8 | 6.91 | 75.9 | 3.82 | 75.7 | 3.82 |
| | | 11 | 146.8 | 6.60 | 146.6 | 6.92 | 39.0 | 7.91 | 38.8 | 7.86 | 79.2 | 3.86 | 79.1 | 4.02 |
| 中学校 | | 12歳 | 151.9 | 5.98 | 151.8 | 6.12 | 43.8 | 8.16 | 43.5 | 8.34 | 82.1 | 3.62 | 82.1 | 3.73 |
| | | 13 | 155.0 | 5.42 | 154.7 | 5.48 | 47.3 | 7.77 | 46.8 | 7.85 | 83.8 | 3.22 | 83.8 | 3.30 |
| | | 14 | 156.5 | 5.30 | 156.3 | 5.41 | 50.0 | 7.78 | 49.5 | 7.76 | 84.8 | 3.05 | 84.7 | 3.08 |
| 高等学校 (全日制) | | 15歳 | 157.1 | 5.31 | 156.9 | 5.56 | 51.6 | 8.01 | 51.4 | 8.43 | 85.3 | 2.97 | 85.5 | 3.09 |
| | | 16 | 157.7 | 5.35 | 157.4 | 5.72 | 52.7 | 8.01 | 52.5 | 8.21 | 85.6 | 2.98 | 85.7 | 3.14 |
| | | 17 | 158.0 | 5.39 | 157.6 | 5.42 | 52.9 | 7.93 | 53.1 | 8.59 | 85.8 | 3.00 | 85.8 | 3.07 |
| 高等学校 (定時制) | | 男 | 15歳 | - | - | 166.8 | 5.74 | - | - | 61.9 | 14.96 | - | - | 89.8 |
| | 16 | | - | - | 168.0 | 6.10 | - | - | 61.9 | 14.81 | - | - | 90.7 | 3.79 |
| | 17 | | - | - | 168.8 | 6.30 | - | - | 65.2 | 17.78 | - | - | 91.7 | 3.14 |
| | 18 | | - | - | 169.4 | 7.43 | - | - | 68.4 | 17.65 | - | - | 91.8 | 4.15 |
| | 女 | 15歳 | - | - | 156.2 | 5.89 | - | - | 54.4 | 12.30 | - | - | 85.7 | 3.00 |
| | | 16 | - | - | 156.8 | 5.24 | - | - | 54.7 | 12.27 | - | - | 85.8 | 3.05 |
| | | 17 | - | - | 156.0 | 6.11 | - | - | 53.9 | 10.76 | - | - | 86.0 | 3.23 |
| | | 18 | - | - | 156.9 | 4.92 | - | - | 53.3 | 10.24 | - | - | 86.3 | 2.34 |